



# 4-H Flash



## Cheese Sale

Let's make our  
**31<sup>st</sup> Annual Madison County  
4-H Cheese Sale**  
the biggest and best yet!

This is your opportunity to help support 4-H, make money, have fun, and win prizes, too. All the money earned stays in Madison County for leaders and members. The money goes toward member incentives, club incentives for project work & trips, and to the Madison County 4-H Foundation to support county programs, scholarships, camperships and trips.

All your favorite cheddars (including horseradish) plus Monterey Jack, Muenster, mozzarella (block or shredded) and the ever-popular Cheddar Shake for Popcorn will be available. And of course you'll want to order summer sausage, pepperoni and mustard!

Look for the sales packet and forms on the website <http://www/madisoncountycce.org> or call the office to reserve your packets now.

**Good Luck!**



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# Save The Dates...

## County Public Presentation Day March 6, 2010

Open to all 4-H members



County Public Presentation Day will be held on Saturday, **March 6** at Morrisville-Eaton Jr-Sr High School. Registration will begin at 9 am with Presentations starting at 9:30. 4-H clubs and members should be starting to plan for their Public Presentation. Check the list and see what you need to do to get prepared.

- ◆ Plan a club meeting to discuss the members' topics and if they will participate in Horse Communications, Public Presentations, or both.
- ◆ Plan a club meeting to go over the basics of a good presentation.
- ◆ Check out the website ([www.madisoncountycce.org](http://www.madisoncountycce.org)) for good teaching tips and find out the difference and similarities in Public Presentations and Horse Communications or call the 4-H office to borrow resources we have available. Be sure to contact Terri if you have other questions or would like her to do a workshop with your club..
- ◆ Pick a date for Club Presentation Night
- ◆ Encourage all presenters to continue to the County Program

Be sure to register with the 4-H office which club members did Presentations so they are eligible for the PP trip in July. The form is on the web or available at the 4-H office.

## Cheese Sale Fundraiser March 6-20<sup>th</sup>

Open to all 4-H members

– support your Madison County 4-H  
Foundation

The 31<sup>st</sup> annual 4-H cheese sale will be held **March 6-20<sup>th</sup>**. The cheese sale started in 1979 and is one of the Madison County 4-H Foundation's most successful fundraisers. All proceeds from the sale stay in Madison County to benefit 4-H members and leaders.

Leader packets and member packets will be ready by February 15. They will be available on the CCE website or you can request them from the 4-H office. (See the registration form at the end of this *Flash*.) Independent members may also request sales packets.

Note that some products and offerings will be different because of changes by the distributor. However, club and seller incentives will remain much the same. Three top seller prizes will be awarded at the **"Big Cheese" Party on Thursday, May 6** for sellers of \$150.00 or more.

Let's all get out there and sell cheese so that the 4-H Foundation can continue to support the programs and opportunities that the 4-H program has to offer. The community is willing to support the program; we just need to get out there and give them the opportunity.



**Rabbit And Cavy Evaluation  
and Fun Day  
March 13, 2010**

Sponsored by Orleans County 4-H  
Open to all 4-H members



**The 25th Annual Orleans  
County 4-H Rabbit Raisers  
Spring Show!  
March 20, 2010**

Open to all 4-H members

**March Dog Madness  
March 20, 2010**

Open to all 4-H leaders and teens

The Orleans County 4-H Rabbit Program is holding a Rabbit and Cavy Evaluation and Fun Day on **Saturday, March 13, 2010** from Noon – 4:00 p.m. All rabbits and guinea pigs welcome at the Orleans County Fairgrounds (12690 Route 31, Albion, NY 14411 in the Trolley Building)

Activities throughout the day - free toenail clipping, free health evaluation, meet local breeders, rabbit breeds display, pre-school crafts, small animal play zones, photography station – BYO camera, ZHU ZHU pets raffle  
G-Force movie 1:00 pm, .Showmanship demonstration 2:30 pm, Story-time followed by a presentation by Dr. Neil Johnson 3:00 p.m.

For more information contact Neil, Joanne, or Sarah Johnson at 585-589-7714, or [njohnson3@rochester.rr.com](mailto:njohnson3@rochester.rr.com)

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The Orleans County 4-H Rabbit Spring Show will be held on **Saturday, March 20, 2010** at Orleans County 4-H Fairgrounds (12690 Route 31, Albion, NY 14411)  
Catalogs will be available on the 4-H Rabbit Raisers website:  
[www.rabbitraisers.com](http://www.rabbitraisers.com) Or contact Neil, Joanne, or Sarah Johnson at 585-589-7714, or [njohnson3@rochester.rr.com](mailto:njohnson3@rochester.rr.com)

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March Dog Madness (MDM), an annual NYS 4-H Dog Leader Training Program, will be held on **Saturday, March 20, 2010 at Cornell**. This annual conference is an opportunity to bring adult and teen volunteers together with community experts to increase knowledge and awareness of the value of science based information on local CCE/4-H dog training programs. Instructors include university, extension and industry representatives.

The theme in 2010 is CANINE-GLOBAL IMPACT! Come learn, practice skills and contribute to the global impact. We're STILL GREEN, so remember to bring your own travel mug, pen/pencil and reusable bag to bring home goodies. In addition, network and take home more teaching tools than you ever imagined! 4-H teens and adult leaders throughout New York State will increase their knowledge about turning a passion for dogs into a life-long learning experience.

Each participant will have a chance to pre-select (2) different workshops from a menu of topics. Dr. Janet Scarlett, Director of the Maddie's Shelter Medicine Program at Cornell University's Veterinary School and Ms. Kelley Bollen, Animal Behaviorist Consultant, will address current services available at Cornell's Companion Animal Hospital.

Workshop menu topics include: (Working with Shy and Timid Dogs, Drill Teams –  
*(continue on next page)*)



# Save The Dates...

## March Dog Madness (cont.)

March 20, 2010

Open to all 4-H leaders and teens



How to Organize One, Canine Conditioning and Sport Injury Prevention, Reading Dog Body Language, How to Conduct a Canine Good Citizens Test, A Model Canine Life Skills Course, Youth Development in the 4-H Dog Program along with Teaching Agility Skills and What is Flyball?)

Everyone will have an opportunity to ask questions during the keynote presentation with Vet School professionals and our closing panel of Breed Rescue representatives.

Registrations are due to the 4-H office by March 1. Space is limited to the first 100 people who register. \$15/person covers workshop materials and lunch. Each workshop is limited to 20 participants so please tell me which workshops you want.

### Brief March Dog Madness Schedule:

- 9:15am Check-in Lobby of Morrison Hall
- 9:45am Opening Remarks
- 10:00am Session 1 (5 concurrent workshops – Working with Shy and Timid Dogs, Agility Training Skills, Drill Teams – How to Organize, Youth Development in the 4-H Dog Program, Canine Good Citizens Test-How to Conduct) – Choose 1
- 11:00am **General Session with Dr. Janet Scarlett and/or Ms. Kelley Bollen of Maddie's Shelter Medicine Program**  
[www.sheltermedicine.vet.cornell.edu](http://www.sheltermedicine.vet.cornell.edu)
- 11:45am Session 2 (5 concurrent workshops – Reading Dog Body Language, Canine Life Skills Course, Agility Training Skills, Flyball, Canine Conditioning and Sport Injury Prevention) – Choose 1
- 12:45pm Lunch – Mix and mingle, share impact stories
- 1:30pm Resource Room/Lending Library Open
- 2:00pm **Closing Rescue Panel with Greyhound Network, Genesee Region Newfoundland Rescue, Tompkins SPCA and Hum Hollow Hospice**
- 3:00pm Evaluation & Pick Up Treats

## Fabric Fun Day 2010

~ note change of date

March 27, 2010



Fabric Fun Day is being planned for **March 27, 2010**, in Morrisville. There will be 4 workshops to choose from – Draft stoppers from tights, Bandana backpacks, Traveling pillowcases, and Ribbon barrettes/jeans pocket purses. Some will require using a sewing machine and others will not. You will have a choice of 2 workshops and a taco lunch with home-made desserts will be provided.

There will also be a community service quilt project that you can work on during breaks. This flannel quilt will be given to the Golisano Children's Hospital. (You will also take home a square so you will know how to make your own quilt if you wish.)

(Continued on page 5)



**Fabric Fun Day 2010 (cont.)**  
**March 27, 2010**

Cloverbuds may attend if they are accompanied by a teen or adult helper. There will be a charge of \$10 to cover the cost of materials and lunch.

This Fun Day has been planned and organized by members of the Oneida-Bridgeport Lakers. Special thanks to Kenzie Mohorter, Cassie Lukas, Kelli Getchonis, Kate Brant and leaders JoAnn Getchonis and Marianne MacDonald. We also appreciate the input of Jeanne Oliver, willing volunteer and Youth Fair sewing judge.

**Madison County 4-H Foundation**  
**Scholarship applications**  
**Due by April 1**

Open to all 4-H high school seniors

The Madison County 4-H Foundation offers scholarships for high school seniors each year. The 2010 application is due by **April 1**. You can obtain the application form from our website <http://www.madisoncountycce.org> or you can get a copy from Peg at the 4-H office. Call her at 684-3001 ext 116 or e-mail her at PGL5@cornell.edu

**Dairy Discovery Workshop**  
**March 26-27, 2010**

Open to all youth 15-19 with an interest in dairy cattle

New York Youth DAIRY DISCOVERY WORKSHOP, **March 26-27, 2010**, Ithaca, NY. Youth who are 15 to 19 years of age as of January 1, 2010 with an interest in dairy cattle are eligible to attend. The cost of the workshop will be \$45.00 per person. Lunch will be provided. This fee includes activities, materials, dinner Friday night and lunch. Registration forms should be signed by a Cooperative Extension Agent or Club Leader. Accompanying the registration form should be the name(s) of adult chaperone(s). (The registration fee is waived for one (1) adult chaperone per county.) **Lodging is NOT included.**

DAIRY DISCOVERY will be focusing this year's workshop on "Calf and Heifer Production Management". Youth will understand, observe and participate in technical skill training related to such topics as:

1. Proper calving procedures and techniques
  - a) Cow hygiene, using calving chains
  - b) The first 30 minutes post-calving
  - c) Esophageal tube feeding
2. Colostrum management & analysis of passive transfer
  - a) Timing, quality & quantity
  - b) IgG's, what it means and how to measure
3. Calf autopsy and diagnosis of illness
4. Analyzing the heifer program
  - a) Growth: BCS, height and weight
5. Identification, biosecurity
6. Heifer economics 101

Registration must be through our 4-H office before February 22. Please send your form and money to Kim at CCE Madison County, PO Box 1209, Morrisville, NY 13408 or call her at 684-3001 ext 109 for more information. You may use your education trip scholarship for part of the cost.



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# Save The Dates...

## CPR Training Offered

**April 5, 2010**

Open to Leaders, Parents and Teens

Madison County 4-H is sponsoring a CPR class on **Monday, April 5, from 6-9:30 pm** at the Ag Center in Morrisville. This is a great opportunity for 4-H leaders, parents and teen leaders to get certified in CPR (or recertified) and learn to use an AED. (Sorry, you'll need to attend the training to find out what an AED is.)

This course has a very reasonable price of \$10. However, if you recently were certified in First Aid, you can bring your book and get \$2.00 off. Sign up at the 4-H office or online to [TLL7@cornell.edu](mailto:TLL7@cornell.edu) no later than March 31. The class will be limited to 15 but will not run if less than 8 sign up - so sign up soon. Look forward to seeing you there!!

## STARR

**April 16-18**

Open to all 4-H members  
ages 13-19

STARR 2010 will occur on **April 16-18** at the Youth Building on the NYS Fairgrounds. STARR is a three-day fun-filled event where 4-H teens participate in a variety of workshops and activities meant to challenge, excite and further develop leadership and life skills. The \$70 cost includes registration, lodging, meals, travel and workshop materials. You may use an education trip scholarship to help pay for this event.



STARR, also known as the State Teen Action Reps Retreat, is an annual weekend for 4-H teens from across New York State to get together to build leadership skills as well as network with peers and adults from across the state. STARR encompasses the best of team building activities, **youth community action & youth adult partnerships** in one fun-filled, fast-paced weekend. Participants gain new skills and knowledge by attending workshops of their choice, learning how to "make the best better" and participating in **awesome community services activities!**

Overall theme and ideas for workshops and activities come from input and efforts of teens and adults serving on the youth/adult STARR planning committee. "Youth Voice" is what keeps STARR contemporary, fresh and in tune with the youth of today. Audrey Hale of the Lincklaen Shamrocks and her mom are on the planning committee again this year.

## Animal Crackers

**May 1, 2010**

Open to all youth ages 9-12 and  
their adult chaperones

The Cornell University Department of Animal Science is pleased to announce Animal Crackers 2010 "Healthy Herds" on **Saturday, May 1, 2010 at Cornell University**. The program will incorporate both dairy and livestock (sheep and beef) topics for youth ages 9-12 or those with a beginners/intermediate knowledge of the species. All youth, 4-H and non-4-H, are invited to participate. Adult chaperones are also invited to attend to make Healthy Herds a family event!

Interesting, educational, hands-on activities are being planned to make Healthy Herds a memorable teaching event. Participants will have the opportunity to learn cattle or sheep care, biology, or management while

## Animal Crackers (cont.) May 1, 2010



having fun. There will also be sessions on exploring animal science careers, learning games, and much, much more!

Beginner and Intermediate 4-H members in the livestock area will learn about: ultrasounding meat, meat quality assurance, livestock judging, hoof care, and healthy hide products. Those interested in beginning dairy topics will learn about: holey cows, hoof care, animal welfare, dairy products, and having healthy community relationships.

Cost of the program will be \$5 for youth and adult chaperones and everyone is asked to bring their own lunches or visit the Cornell Dairy Store. Registration for the event will be done through the 4-H office. Registration deadline is April 17.

## 2010 4-H Career Exploration Conference June 29 - July 1, 2010



2010 4-H Career Exploration Conference will be held on June 29 - July 1, 2010 in Ithaca. For over 70 years, Cornell Cooperative Extension's 4-H Youth Development program has conducted a three-day on campus event for youth on the Cornell University campus. The purpose of this program is to provide youth with exposure to academic fields and career exploration, to develop leadership skills, to provide hands-on experience in a college setting and to introduce youth to Cornell University.

4-H Career Exploration programs allow youth to have fun while learning about science, technology, humanities and... themselves. The event is made up of two grade specific tracts: University U for youth entering grades 8 - 9 and Focus for Teens for youth entering grades 10 - 12.

The Cost is \$195.00, Scholarships are competitive but are available.

Career exploration helps connect kids to Cornell through hands-on experiences with Cornell staff and faculty. For more information please contact CCE State 4-H Youth Development Office, Roberts Hall, Cornell University or 607-255-0896 or you may email [nys4h@cornell.edu](mailto:nys4h@cornell.edu). **Get a Head Start on finding your future today!**

**<http://nys4h.cce.cornell.edu/program/events/CareerEx.php>**



# Look What We Have Been Doing...

## Local Government Interns Scrapbook

The Local Government Intern program is run by Cornell Cooperative Extension and is designed to give high school students a look at government in a hands-on approach. Interns visit the jail, landfill, and various county departments to learn about county services. They also attend County Board of Supervisors meeting where they interact with the supervisors and then have their own "intern" Board Meeting to practice what they have learned. If you are interested in participating in this program, contact Terri at the 4-H office.



Local Government Intern students from Morrisville-Eaton HS and Cazenovia HS in the Madison County Board of Supervisors' Chamber



Matt Sattler and Sara Silverman from Cazenovia HS consider the resolution



Ashley Kincade (M-ECS), Sara Silverman (Caz), Rachael Morris (M-ECS) and Kevin Regan (Caz) participate in final Board meeting.



# Club Reports

## Oneida Kids Club Teams Up With RSVP of Madison County



The Oneida 4-H Kids Club and RSVP of Madison County held a workshop on January 18<sup>th</sup> from 10am to noon at the North Broad Street School in Oneida to prepare Emergency Preparedness kits for homebound citizens of the county. January 18<sup>th</sup> was chosen for the project in honor of Martin Luther King Day of Service.

The Kids Club filled over 40 buckets with battery-operated radios, flashlights, first aid kits, solar blankets and can openers. RSVP volunteers will deliver the buckets throughout the county this month.

The 4-H club and RSVP make up the Madison County Citizens Corps. The work of this Corps is to develop and implement volunteer-driven projects that will assist in keeping Madison County residents prepared for natural and other disasters and address safety issues. They work in partnership with the Madison County Disaster Preparedness Office, Madison County Health Department and Madison County Office for the Aging.

### Club Reporters!

Where are your stories?

We want to know what exciting things your clubs are doing.

Has anyone had their Club Public Presentation Day?

Have you taken any fun field trips?

Have you done a cool project?

Do you have any community service activity to tell us about?

Call or e-mail Peg.



## Shooting Stars 4-H Club Enjoys a Day of Ice Fishing



Shelby Curtis and club leader, Darlene Curtis drill the hole to get started fishing

During our scheduled club meeting in January, members of the Shooting Stars 4-H club learned different skills necessary to have a safe and successful ice fishing trip. We reviewed the 4-H Curriculum "Let's Go Ice Fishing" which gave a lot of great helpful information about ice safety, equipment needed, and techniques to move forward in our adventure. Club Leader and avid sportsman Bill Curtis shared his experience ice fishing and showed the equipment needed to enjoy the sport.

On Sunday, January 24, 2010, The Shooting Stars 4-H Club decided to try out some of their skills that they learned. With Help from volunteer and avid fisherman, Neil Egerer the club went ice fishing on Lebanon Reservoir. Mr. Egerer shared a unique piece of equipment to the kids which was an underwater camera where they could see the water depth, water temperature, fish, plants and other hiding spots for the fish. It was a very cold day but the cold didn't keep club members, Tyler & Shelby Curtis, Brent Harris, Ethan Holcomb, Kaley Judge or Konstantine Adamou (and his dad), away from enjoying a great day of fishing.

Although we didn't catch any fish, We learned a lot about ice fishing, we had a lot of fun on the lake and finished the day enjoying some hot chocolate. It was a great day all around.



The cold weather didn't stop, Konstantine Adamou, Kaley Judge and Ethan Holcomb from enjoying a day of fishing.



Volunteer, Neil Egerer talks with Tyler Curtis and Brent Harris about the different types of bait to use for ice fishing.

### Submission Guidelines:

If you have a club report or event you would like to be published in the 4-H Flash, please send it to Peg Lewis at [PGL5@cornell.edu](mailto:PGL5@cornell.edu) Please make sure that you include contact information in case we have any questions. Photos would also be appreciated along with a brief description of who and what's happening in the photo.



# Registration Form

I'm interested in signing up for or receiving more information on the following events:

Sign Up	Send More Information	Date	Price
<input type="checkbox"/> County Public Presentation and Horse Communications Day -	<input type="checkbox"/>	March 5	
<input type="checkbox"/> Cheese Sale	<input type="checkbox"/>	March 5-20	
<input type="checkbox"/> March Dog Madness	<input type="checkbox"/>	March 20	- \$15
<input type="checkbox"/> Dairy Discovery -	<input type="checkbox"/>	March 26-27	\$45
<input type="checkbox"/> Fabric Fun Day -	<input type="checkbox"/>	March 27	\$10
<input type="checkbox"/> Madison County 4-H Foundation Scholarship -	<input type="checkbox"/>	April 1	
<input type="checkbox"/> CPR course -	<input type="checkbox"/>	April 5	\$10
<input type="checkbox"/> STARR -	<input type="checkbox"/>	April 16-18	\$65
<input type="checkbox"/> Animal Crackers -	<input type="checkbox"/>	May 1	\$5

Please give us your comments on our new Flash format:

Name

Address

Phone

Email

Please add me to the Email List to receive the 4-H Flash electronically

*If you have any special needs as addressed by the Americans with Disabilities Act and need assistance, please make your needs known by the registration deadline of the event you plan to attend. Reasonable efforts will be made for accommodations.*



You are receiving this newsletter because you are on the mailing list for the *Madison County 4-H Flash*, published by Cornell Cooperative Extension of Madison County Youth Development Program. If there is a topic you would like to see covered, please contact us. If you do not wish to receive our newsletters, please contact Peg Lewis at [PGL5@cornell.edu](mailto:PGL5@cornell.edu).

Cornell Cooperative Extension of Madison County provides equal program opportunities.

Both Extension staff and volunteers, which includes 4-H club leaders, are bound by the following statement:

*Cornell Cooperative Extension associations provide equal opportunities. No person shall be denied on the basis of any legally prohibited discrimination involving, but not limited to, such factors as race, color, creed, religion, national or ethnic origin, sex, sexual orientation, age or qualified disability.*



- CCE
- Agriculture
- 4-H
- RSVP of Madison County
- Head Start
- Nutrition & Wellness
- Agricultural Economic Development
- Calendar of Events
- Photo Galleries

Check out our website for more information and 4-H forms!  
[www.madisoncountycce.org](http://www.madisoncountycce.org)



Cornell University  
Cooperative Extension  
Madison County



4-H Youth Development Program  
PO Box 1209, 100 Eaton St.  
Morrisville, NY 13408

Non-Profit  
U.S. Postage Paid  
Permit #10  
Morrisville, NY 13408

CHANGE SERVICE REQUESTED

*Building Strong and Vibrant New York Communities*